

## VCCL Results - Gemma Kenessy

Member number: 444

Races: 29; Wins: 1 (3.4%); Top Ten: 14 (48.3%)

Active from 2009 to 2013

Date	Event	Place	km	Time	Spot	H'cap	C/Adj	N/Time	Margin	km Rate
26/04/2009	Fred Grubb Memorial Handicap	27	6.5	27:39	25	5:00		22:39	2:21	4:15
03/05/2009	25th Helmut & Maija Prentler 8000m Handicap	15	8	32:43	26	6:30		26:13	1:15	4:05
09/05/2009	Moran Stable Handicap	18	5	19:28	26	3:55		15:33	1:56	3:54
17/05/2009	Rendina Family Handicap	22	8	33:22	26	6:30		26:52	2:01	4:10
24/05/2009	Combined VCCL/GCCL Handicap	5	10	41:17	27	8:15		33:02	1:16	4:08
31/05/2009	Caruana Cross Country Classic	16	8	32:51	27	6:45		26:06	1:20	4:06
14/06/2009	Hash House Harriers HHH Handicap	17	8	32:25	27	6:45		25:40	1:24	4:03
21/06/2009	18th Annual VCCL Social Club Handicap	9	6.5	26:37	28	5:35		21:02	0:52	4:06
28/06/2009	RetireInvest Eaglehawk to Bendigo Handicap	15	6.5	25:12	28	5:35		19:37	1:01	3:53
05/07/2009	33rd Anniversary Bob Cook Memorial Handicap	5	10	41:31	28	8:30		33:01	0:34	4:09
12/07/2009	36th Annual Murchison Handicap	18	10	40:52	28	8:30		32:22	1:57	4:05
19/07/2009	VCCL 'Ted Connell' 5k Legend Handicap	3	5	19:50	28	4:15		15:35	0:07	3:58
26/07/2009	Eric Greaves Memorial Handicap	34	10	51:07	28	8:30		42:37	10:52	5:07
09/08/2009	44th Annual Norm Charles Handicap	13	10	41:09	28	8:30		32:39	2:06	4:07
23/08/2009	Pinnacle Print Group Handicap	8	8	33:56	29	7:15		26:41	1:35	4:15
30/08/2009	George Perdon Handicap	1	16.09	1:06:35	29	14:30		52:05	0:00	4:08
13/09/2009	Independent Signs Handicap	7	10	40:57	24	7:20		33:37	0:55	4:06
20/09/2009	President's Handicap	19	6.5	26:49	24	4:50		21:59	2:09	4:08
02/05/2010	Fred Grubb Memorial Handicap	5	6.5	24:49	24	4:50		19:59	0:36	3:49
27/06/2010	Helmut & Maija Prentler Handicap	6	8	31:04	25	6:15		24:49	2:20	3:53
04/07/2010	Independent Signs Handicap	9	10	39:27	25	7:35		31:52	0:41	3:57
11/07/2010	37th Annual Murchison Handicap	22	10	39:50	25	7:35		32:15	2:33	3:59
18/07/2010	VCCL 5x3km Relay Challenge	20	3	11:55	25	2:30		9:25	0:53	3:58
29/05/2011	Rendina Family Handicap	4	8	30:42	26	6:30		24:12	0:08	3:50
05/06/2011	Caruana Cross Country Classic	3	8	30:59	26	6:30		24:29	0:22	3:52
03/07/2011	VCCL 5x3km Relay Challenge	13	3	11:31	26	2:36		8:55	0:19	3:50
31/07/2011	46th Annual Norm Charles Handicap	5	10	39:04	20	6:05		32:59	1:18	3:54
11/09/2011	Westgate Bridge Memorial Handicap	29	5	20:45	26	4:00		16:45	2:27	4:09
05/05/2013	18th Caruana Cross Country Classic	3	8	30:18	23	5:45		24:33	0:19	3:47